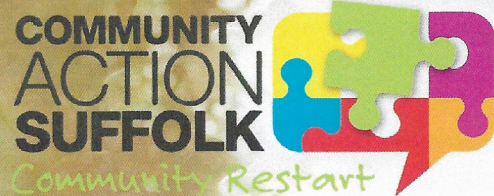


READY, SET.... RESTART



Do you run, lead or host an organisation or activity which plays a key role in your community?

Were you paused, impacted or remain unopen as a result of the pandemic?

Apply now, for funds, training and support as part of **Suffolk Community Restart**.

What is it?

A county-wide initiative designed to help Suffolk's clubs, groups, venues and organisations get back up and running as safely as possible whilst covid-19 is still circulating. The Suffolk Community Restart programme is led by Community Action Suffolk, in partnership with Suffolk County Council and the county's borough and district councils.

Who's eligible?

Any voluntary sector organisation, meet-up, club, sports team, community venue or neighbourhood scheme.

What do you get?

- Online on-demand training to help with issues like health and safety
- Workshops & group communications with others like you
- Practical advice from the Community Action Suffolk team
- Access to apply for a Suffolk Community Restart Grant, giving you between £250 and £2,500 toward PPE, marketing, cleaning regimes

How to register or find out more:

It couldn't be simpler to apply for a grant or register for learning opportunities.

Go to www.communityactionsuffolk.org.uk or submit a grant application via vcse-support@communityactionsuffolk.org.uk and expect a result in 10 days.

You can also email queries to vcse-support@communityactionsuffolk.org.uk



A 'Buddy' to support people to access local groups and connect with their community:

As well as helping entire groups to 'restart', we're keen to be there for the individuals who are feeling anxious or isolated as the world opens up. Our Buddy Up initiative aims to address the problems caused by Covid related isolation in our communities, including reducing the spread of infection. Buddies work alongside people to identify small changes they can make to improve their lives, while connecting them with grassroots community groups and projects throughout the county.